Bruce goes on a Swim Safari
My good friend Bruce is 74 years old; he sings in the church choir, helps children with reading at our school and taught me First Holy Communion. He also likes to swim every day.

In May Bruce went to Fiji on a swimming safari for seven days to seven islands.
Bruce stayed on Nacula Island at the top of the Yasawa Islands.

Travel to the Yasawa Islands off Fiji by the “Flier”
It was a lot of swimming because he swam around one island each day, halfway around in the morning and the other half in the afternoon. The longest swim in one day was 4kms. He liked it very much.
The caves at Sawa-i-Lau island were beautiful. Bruce had to swim down under the rocks where it was really dark to get there but it was light with blue and green colours when he got inside.
The weather was good. It only rained one day and the water was clean, warm and calm.

They were a lot of starfish and coral in the reefs around the islands. If it was low tide you have to swim around the reef, if you swim over the reef you can get scratches and bad infections.
There are Reef sharks in Fiji, but Bruce doesn’t worry.

He doesn’t touch them, so they don’t touch him.
The island people of Fiji are really nice and always smiling.

The children are beautiful and there is a school on Nacula Island too!

They wear a long skirt called a Sulu and every night there is singing and dancing.
The houses are usually made of wood with thatched roofs called Bures.

Bruce stayed in a Bure which was very nice inside, with beds and a bathroom.
Oarsman Bay Lodge, Nacula Island Fiji

Bruce at Oarsmans Bay, Nacula
Called for Dinner

Dinner was in a big room for everyone with a thatched roof but no walls.

Plenty of fresh fish and coconuts
The food is good but different. Each day a boat brings fresh fruit, vegetables, milk and bottled water to the island. They have pork, chicken and eggs on the island, catch fish, collect coconuts from palm trees and make homemade bread. They dig a hole in the sand, put hot stones in, they wrap fish or chicken and potatoes in leaves and put them on the hot stones, cover with sand and the food cooks.
There is not much water on the island and it is not safe to drink so you buy bottled water.

Bruce could have a cup of coffee or tea any time.
Bruce has enjoyed swimming in England, Ireland, Scotland, Hawaii and all around Australia since he was a young little boy. He wanted to swim in Fiji because it’s a new place to swim and the safari was not a race, just good fun!

Sometimes a boat took Bruce to the islands to swim around.
He said the best part of the trip was the swimming and the people.

A final swim at Oarsman’s Bay

The water was clean and warm.
Yasawa Flyer back to Denarau, Fiji

Then home to Australia...

He is going to do it again next year too!
If Bruce can swim so far for seven days, than I can do my best and try hard in everything I do too.